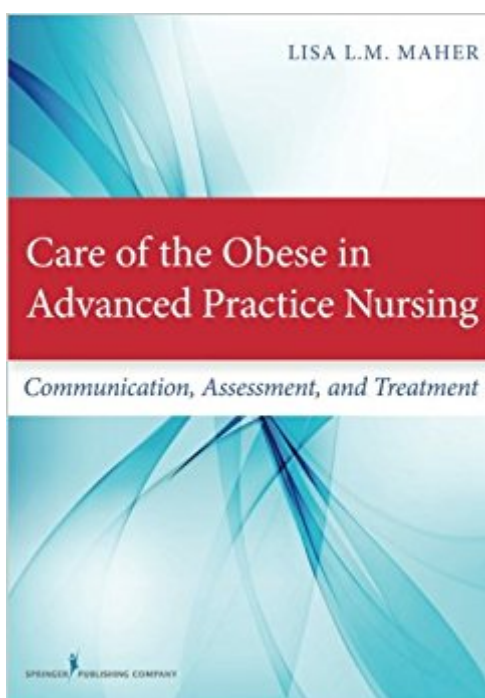


The book was found

Care Of The Obese In Advanced Practice Nursing: Communication, Assessment, And Treatment



Synopsis

This book is the first resource to give the APN the practical tools with which to communicate, assess, and treat obese patients. Designed to help APNs easily broach an uncomfortable topic, the book walks practitioners through the exam, providing tips on effective communication, understanding lifestyle constraints, and working with the patient to improve his or her condition without shame. Emphasizing multidisciplinary approaches and evidence-based treatment, the book addresses prevention, provider recognition, and treatment of adult and pediatric obesity with the goal of improving overall quality of life. This resource offers practical information on diet and exercise to foster healthy weight loss along with psychological, pharmacological, and surgical recommendations. Effective tips on all facets of working with obese patients, bolstered with real-life examples that provide the patient's perspective, will help APNs understand and provide high-quality care to these vulnerable patients. Additionally, the book includes substantial information on comorbidities, which add to the complexity of obesity treatment. Chapters address current trends and causes of obesity; communication and the patient's perspective; the technical aspects of obesity, including genetics and pathophysiology; treatment of addiction and eating disorders; assessment from the APN point of view; disease management; pharmacological, surgical, and medical management; and costs and insurance coverage. Tools that can be used to enhance clinical practice are featured in the Appendices. **KEY FEATURES:** Written specifically for the advanced practice nurse Covers all facets of communication, assessment, and treatment Includes case studies and treatment plans designed specifically for nurses Highlights a multidisciplinary approach Includes effective tips, photographs, and real-life examples that will benefit both provider and patient

Book Information

Paperback: 400 pages

Publisher: Springer Publishing Company; 1 edition (December 2, 2015)

Language: English

ISBN-10: 0826123570

ISBN-13: 978-0826123572

Product Dimensions: 7 x 0.9 x 10 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #520,465 in Books (See Top 100 in Books) #141 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nurse & Patient](#) #190 in [Books > Medical Books > Nursing > Nurse-Patient Relations](#) #198 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Issues](#)

Customer Reviews

Lisa L. M. Maher, DNP, ARNP, FNP-BC, received her BS in wellness from Waldorf College in Forest City, Iowa, in 2003, her BSN from Allen College in Waterloo, Iowa, in 2005, and her MSN from Graceland University in Independence, Missouri, in 2008. In 2011, she received her DNP from the University of Iowa in Iowa City. She is board certified as a family nurse practitioner (FNP) through the American Nurses Credentialing Center (ANCC). She is the current president of the Cedar Valley (Iowa) chapter of Preventive Cardiovascular Nurses Association (PCNA) in Waterloo, Iowa. Dr. Maher has been employed as a nurse practitioner (NP) at the Cedar Valley Cardiovascular Center since 2008. She specializes in treatment of general cardiology, sleep apnea, weight loss, and risk factor modification. She started the Cedar Valley Center for Lifestyle Medicine Clinic in 2008 and the Cedar Valley Cardiovascular Center Sleep Clinic in 2009.

[Download to continue reading...](#)

Care of the Obese in Advanced Practice Nursing: Communication, Assessment, and Treatment
CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies)
Nursing Assessment: Head-to-Toe Assessment in Pictures (Health Assessment in Nursing)
Philosophies And Theories For Advanced Nursing Practice (Butts, Philosophies and Theories for Advanced Nursing Practice)
Nursing Care Plans: Nursing Diagnosis and Intervention, 6e (Nursing Care Plans: Nursing Diagnosis & Intervention)
Advanced Practice Nursing - E-Book: An Integrative Approach (Advanced Practice Nursing: An Integrative Approach)
Nursing Theories and Nursing Practice (Parker, Nursing Theories and Nursing Practice)
Advanced Health Assessment of Women, Third Edition: Clinical Skills and Procedures (Advanced Health Assessment of Women: Clinical Skills and Pro)
A Clinical Guide for Management of Overweight and Obese Children and Adults (Modern Nutrition Science)
Manual of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology, 5e (Varcarolis, Manual of Psychiatric Nursing Care Plans)
Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 9e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C)

Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 8e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C) Study Guide for Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 9e (Study Guide for Medical-Surgical Nursing: Assessment & Management of Clinical Problem) Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications (Townsend, Nursing Diagnoses in Psychiatric Nursing) Manual of Critical Care Nursing: Nursing Interventions and Collaborative Management, 6e (Baird, Manual of Critical Care Nursing) Nurse Practitioners: The Evolution and Future of Advanced Practice, Fifth Edition (SPRINGER SERIES ON ADVANCED PRACTICE NURSING) Communication in Nursing, 7e (Communication in Nursing (Balzer-Riley)) Philosophical And Theoretical Perspectives For Advanced Nursing Practice (Cody, Philosophical and Theoretical Perspectives for Advances Nursing Practice) Nursing Care Plans: Transitional Patient & Family Centered Care (Nursing Care Plans and Documentation) All-in-One Care Planning Resource: Medical-Surgical, Pediatric, Maternity, and Psychiatric Nursing Care Plans (All-In-One Care Planning Resource: Med-Surg, Peds, Maternity, & Psychiatric Nursing)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)